

product information

GLYTACTIN BETTERMILK 15 ORIGINAL



SKU 35001
 NET WEIGHT 3.2 LBS (1.5 KG)
 SERVING SIZE 1.7 oz (49g) pkt
 SERVINGS PER PACKAGE 30
 OSMOLALITY, mOsm/kg: 337 pH: 6.6

FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

For the dietary management of phenylketonuria (PKU). Dispensed by prescription. BetterMilk with Glytactin is a great tasting metabolic formula. Each serving of BetterMilk contains 15 grams of Glytactin protein, blend of GMP and essential amino acids. BetterMilk is an incredibly versatile product that can be taken as a formula or incorporated into a recipe. Excellent source of DHA. One serving provides 32 mg of DHA Omega-3 Fatty acids. Probiotic cultures to support digestive health.

IMPORTANT NOTICE

Must be administered under medical supervision only. Protein substitutes based on GMP are a source of phenylalanine. Not suitable for use as a sole source of nourishment. Protein in prescribed amounts must be supplemented to completely meet phenylalanine requirements. For enteral use only. Suitable for individuals with PKU over 3 years of age.

DIRECTIONS FOR USE

Use as directed by a physician.
 Fill a shaker cup to the 120 mL mark with cold water (add more or less water to suit your taste). Open packet at tear guide and pour into cup. Shake or stir until completely dissolved. (Will make about 170 mL total liquid.) Drink completely.

Store in a cool, dry place.

INGREDIENTS

Whey protein isolate, trehalose, non-dairy creamer (sunflower oil, corn syrup solids, food starch-modified, mono and diglycerides, natural flavour, citric acid, and carrageenan), erythritol, vitamin blend (calcium lactate, tricalcium phosphate, dipotassium phosphate, sodium chloride, magnesium phosphate, choline bitartrate, ascorbic acid, inositol, ferrous sulfate, niacinamide, zinc oxide, D-calcium pantothenate, vitamin B6 pyridoxine, manganese sulfate, riboflavin, thiamin mononitrate, copper gluconate, folic acid, potassium iodide, sodium selenite, vitamin K 1 phytonadione, sodium molybdate, chromium chloride, biotin, vitamin B12 cyanocobalamin, vitamin A palmitate, vitamin D3 cholecalciferol, vitamin E tocopheryl acetate), leucine, natural and artificial flavours (food starch, malto dextrin, propylene glycol, dextrose, triacetin), tyrosine, arginine, histidine, DHA algal oil (glucose syrup solids, algal oil, mannitol, sodium caseinate [milk], soy protein, high oleic sunflower oil, sodium ascorbate, 2% or less: tricalcium phosphate, tetrasodium diphosphate, soy lecithin, tocopherol-rich extract and ascorbyl palmitate), L-tryptophan, methionine, probiotic (skim milk powder, Bacillus coagulans GBI-30 6086). Contains milk and soy.

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Nutrients	1.7 oz (49g) pkt	per 100g
Energy, kcal	160	327
Energy, kJ	669	1366
Protein Equivalent, g	15	31
Carbohydrates, g	23	47
Sugar, g	9.0	18
Sugar Alcohols, g	7.0	14
Salt, g	0.8	1.5
Fibre, g	0	0
Fat, g	4.5	9.2
Saturated Fat, g	0.5	1.0
Trans Fat, g	0	0
DHA, mg	32	65
Cholesterol, mg	0	0
Vitamin A, µg RAE	202	412
Vitamin C, mg	24	49
Vitamin D, µg	3.4	6.9
Vitamin E, mg α-TE	2.3	4.7
Vitamin K1, µg	22	46
Vitamin K2 (MK-7), µg		
Thiamin (B1), mg	0.3	0.6
Riboflavin (B2), mg	0.5	1.0
Niacin (B3), mg	4.5	9.2
Vitamin B6, mg	0.4	0.8
Folic acid, µg	134	274
Vitamin B12, µg	1.2	2.4
Pantothenic Acid (B5), mg	1.5	3.1
Biotin, µg	9.0	18
Choline, mg	134	274
Calcium, mg (mmol)	400 (10)	816 (20)
Chromium, µg	9.7	20
Copper, mg	0.2	0.4
Iodine, µg	45	91
Iron, mg	4.5	9.2
Magnesium, mg (mmol)	105 (4.4)	214 (8.9)
Manganese, mg	0.5	1.0
Molybdenum, µg	12	24
Phosphorus, mg (mmol)	245 (7.9)	500 (16)
Selenium, µg	18	37
Zinc, mg	2.8	5.7
Potassium, mg (mmol)	480 (12)	980 (25)
Sodium, mg (mmol)	300 (13)	612 (27)
Chloride, mg (mmol)	221 (6.3)	451 (13)
Inositol, mg	15	31
L-alanine, mg	610	1245
L-arginine, mg	1300	2653
L-aspartate, mg	890	1816
L-carnitine, mg		
L-cysteine, mg	10	20
L-glutamate, mg	1900	3878
L-glycine, mg	110	224
L-histidine, mg	380	776
L-isoleucine, mg	1094	2233
L-leucine, mg	2890	5898
L-lysine, mg	620	1265
L-methionine, mg	230	469
L-phenylalanine, mg	23	47
L-proline, mg	1200	2449
L-serine, mg	660	1347
L-taurine, mg	30	61
L-threonine, mg	1710	3490
L-tryptophan, mg	220	449
L-tyrosine, mg	1340	2735
L-valine, mg	904	1845