

# GLYTACTIN BETTERMILK LITE 20



SKU 35101  
 NET WEIGHT 3 LBS (1.4 KG)  
 SERVING SIZE 1.6 oz (46 g) pkt  
 SERVINGS PER PACKAGE 30  
 OSMOLALITY, mOsm/kg: 1150 pH: 6.6

Nutrients	1.6 oz (46 g) pkt	per 100g
Energy, kcal	150	326
Energy, kJ	628	1364
Protein Equivalent, g	20	43
Carbohydrates, g	12	26
Sugar, g	4.0	8.7
Sugar Alcohols, g	0	0
Salt, g	0.9	2.0
Fibre, g	1.0	2.2
Fat, g	2.0	4.3
Saturated Fat, g	0.2	0.4
Trans Fat, g	0	0
DHA, mg	110	239
Cholesterol, mg	0.5	1.1
Vitamin A, µg RAE	324	704
Vitamin C, mg	40	87
Vitamin D, µg	17	36
Vitamin E, mg α-TE	4.8	10
Vitamin K1, µg	20	43
Vitamin K2 (MK-7), µg	20	43
Thiamin (B1), mg	0.5	1.1
Riboflavin (B2), mg	0.5	1.1
Niacin (B3), mg	6.6	14
Vitamin B6, mg	0.5	1.2
Folic acid, µg	189	410
Vitamin B12, µg	1.0	2.2
Pantothenic Acid (B5), mg	2.4	5.2
Biotin, µg	10	22
Choline, mg	159	346
Calcium, mg (mmol)	500 (13)	1087 (27)
Chromium, µg	17	38
Copper, mg	0.2	0.4
Iodine, µg	77	168
Iron, mg	8.0	17
Magnesium, mg (mmol)	176 (7.3)	382 (16)
Manganese, mg	1.0	2.2
Molybdenum, µg	21	45
Phosphorus, mg (mmol)	450 (15)	978 (32)
Selenium, µg	27	58
Zinc, mg	5.0	11
Potassium, mg (mmol)	801 (21)	1741 (45)
Sodium, mg (mmol)	376 (16)	817 (36)
Chloride, mg (mmol)	20 (0.6)	43 (1.2)
Inositol, mg	0	0
L-alanine, mg	1033	2246
L-arginine, mg	1765	3837
L-aspartate, mg	1472	3200
L-carnitine, mg	0	0
L-cysteine, mg	16	35
L-glutamate, mg	3225	7011
L-glycine, mg	188	409
L-histidine, mg	469	1020
L-isoleucine, mg	1770	3848
L-leucine, mg	3920	8522
L-lysine, mg	1033	2247
L-methionine, mg	410	891
<b>L-phenylalanine, mg</b>	<b>35</b>	<b>76</b>
L-proline, mg	2000	4348
L-serine, mg	1268	2757
L-taurine, mg	0	0
L-threonine, mg	2865	6228
L-tryptophan, mg	257	559
L-tyrosine, mg	1840	4000
L-valine, mg	1420	3087

## FOOD FOR SPECIAL MEDICAL PURPOSES (FSMP)

For the dietary management of phenylketonuria (PKU). Dispensed by prescription. Each packet of BetterMilk Lite contains 20 grams of Glytactin protein, the optimal blend of glycomacropeptide (GMP) and amino acids. Contains 150 calories per single-serving packet. Fortified with a complete profile of vitamins and minerals, DHA, and probiotics. It can be used as a stand-alone beverage or mixed into your favorite drinks or recipes.

## IMPORTANT NOTICE

Must be administered under medical supervision only. Protein substitutes based on GMP are a source of phenylalanine. Not suitable for use as a sole source of nourishment. Protein in prescribed amounts must be supplemented to completely meet phenylalanine requirements. For enteral use only. Suitable for individuals with PKU over 3 years of age.

## DIRECTIONS FOR USE

Use as directed by a physician.  
 Fill a shaker cup to the 150 mL mark with cold water. Open packet at tear guide and pour into cup. Shake or stir until completely dissolved. (Will make about 200 mL total liquid.)  
 Drink completely.

Store in a cool, dry place.

## INGREDIENTS

Whey protein isolate, vitamin and mineral blend (calcium lactate, monosodium phosphate, monopotassium phosphate, magnesium phosphate, magnesium citratecholine bitartrate, sodium ascorbate, dl-alpha-tocopheryl acetate, ferrous fumarate, niacinamide, zinc sulphate, calcium dpantothenate, manganese sulphate, thiamin HCl, vitamin B6 pyridoxine HCl, riboflavin, copper gluconate, folic acid, vitamin A palmitate, potassium iodide, sodium selenite, vitamin K1 phytonadione, vitamin K2 MK-7, sodium molybdate, chromium chloride, D3 cholecalciferol, biotin, vitamin B12 cyanocobalamin), trehalose, leucine, non-dairy creamer (sunflower oil, corn syrup solids, food starch-modified, mono and diglycerides, natural flavour, citric acid, carrageenan), natural flavours, maltodextrin, inulin, tyrosine, arginine, DHA algal oil, probiotic (skim milk powder, Bacillus coagulans GBI-30 6086), histidine, tryptophan, acesulfame potassium, methionine, sucralose. Contains milk and soy.

## PRODUCT OF USA